Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
4pm –5:30 pm Open Swim	4pm –6:30 pm Open Swim	4pm –5:30 pm Open Swim	4pm –6:30 pm Open Swim	4pm –5:30 pm Open Swim
	6:30 pm— 7:30pm Water Walk		6:30pm –7:30 pm Water Walk	
5:30pm -7:30 pm Family Swim 18+		5:30pm -7:30 pm Family Swim 18+		5:30pm -7:30 pm Family Swim 18+

All children under 7 years old and 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.

Weight training	Mon—Fri 12 noon –7:30 pn
Adult Basketball	Mon-Fri 12noon—3pm
Football Skills & Drills (Ages 8-11)	Tues & Thursday 5pm—6:30
Basketball Skills and Drills	Mon-Wed. Fri 5pm- 6:30
Corn Hole / Instruction	Tues & Thursday 3:30-4:30
Chess	Tues & Thursday 4:00-5:30

Schedule subject to change without prior notice



Fall 2021

Monday	Tuesday	Wednesday	Thursday	Friday
12:00pm—3:00pm Adult	12:00pm—3:00pm Adult	12:00pm—3:00pm Adult	12:00pm—3:00pm Adult	12:00pm—3:00pm
Basketball 18+	Basketball 18+	Basketball 18+	Basketball 18+	Age 8-12 Open Gym
3:30-4:30 Individual Basket- ball Workout	3:30—4:30 Corn Hole	3:30-4:30 Individual Basketball Workout	3:30-4:30 Corn Hole	3-5:30 Age13-up Open Gym
5pm- 7	5pm— 7pm	5pm—7pm	5pm-7pm	
	Football Skills & Drills	Basketballs Skills & Drills	Football Skills & Drills	